

## Hustle Bustle on the floor...

The month continued with varied events keeping children on their toes.

### Read a Book Day



The avid readers of Jr. Kg & Sr. Kg carried their favourite book to school to read along with their friends and made an adorable bookmark for themselves.

### Dress Me Up As a Fruit/ Vegetable



The tiny tots of Playgroup enthralled us with their lovely colourful attire when they came dressed as Fruits and Vegetables.

### Like a Book Character



Characters from Indian Folk Tales, Comics, Fairytales and Children's Classic Stories came alive as all the preschoolers were dressed as their favourite book character. It was fascinating to see and hear them talk about the character they had become.

### Ganesh Chaturthi Celebration



Children across the floor sought the blessings of their favourite Elephant God followed by a visit

to the Ganesh Pandal. They made & devoured yummy Choco Marie Coconut laddoos.

### Horse cart Ride

The little ones of Playgroup were overjoyed as they went for horse cart ride with their friends around the school.

The more I see, the more I know...

### Fire needs oxygen - Science Experiment



Children of Sr. Kg learnt the basic principle- fire needs oxygen to burn with the help of simple apparatus like candles and a glass.



### Tell us why...?

For 'Quality Circle Time (QCT) Session', teachers asked the Sr. Kg children, "What question will you ask if animals could understand our language?"

The questions they wanted to ask the animals were:



Shivaansh Parikh (Sr. Kg A) - to Dinosaur - "Tell me how you are born?"

Anvi Shah (Sr. Kg B) - to Lion - "Where is your crown?"

Ansh Shah (Sr. Kg C) - to Elephant - "Take the lion because it will hit me, as it is carnivorous."

Saanchi Shah (Sr. Kg D) - to Cow - "Will you drink milk?"

Hridaan Lakhani (Sr. Kg E) - to Kangaroo - "Why you leave the Joey (baby) after it becomes big?"



### Ten ways to ask your kid "How was school today?"

(And get more than a one-word answer)

1. What was the best part of your day?
2. What was the funniest thing you saw today?
3. Which activity at school today was your favourite? (Least favourite?)
4. What's something your teacher said today?

5. How did you get to be a helper today?
6. What was the hardest part of your day?
7. Which kid in your class needed to be cheered up today?
8. What made you feel happy today? (Sad, confused, bored?)
9. What would you like to be learning more about?
10. Which kid at school would you like to get to know better?



### Ways to get your kids to eat better

- Julie Burns, R.D.

1. Plan - a weekly menu will help to have a well-balanced meal for the family.
2. Introduce new foods slowly - their taste buds sometimes have to get used to a flavour before they will like the taste.
3. Get kids in cooking - involve them in choosing or preparing meals. They

will be more interested in eating what they have created.

4. Cut back on junk - having less junk food around in the house, you'll force your children to eat more fruits, vegetables, whole grains and dairy products.
5. Allow treats - having 'less healthy foods' occasionally keeps them from becoming forbidden and thus even more appealing. Let kids have sugary treats/ fast food once in a while.

### Spooktacular October arrives with...

Date	Day	Level	Event
1 <sup>st</sup>	Monday	All	Balloons Around the World Day
2 <sup>nd</sup>	Tuesday	All	Holiday-Gandhi Jayanti
4 <sup>th</sup>	Thursday	All	Taco Day
12 <sup>th</sup>	Friday	All	No Books Day
16 <sup>th</sup>	Tuesday	All	Navratri celebration
18 <sup>th</sup>	Thursday	All	Holiday-Dassera
22 <sup>nd</sup> to 26 <sup>th</sup>	Monday to Friday	Playgroup & Nursery	Sensory Week
		Jr. Kg & Sr. Kg	Math Week
31 <sup>st</sup>	Wednesday	All	Halloween