



Hustle Bustle on the floor...

The youngest ones of Academy, Playgroup children have begun to adjust to the new routine whereas the Nursery, Jr. Kg and Sr. Kg children were happy meeting their classmates after a long Summer vacation.

International Yoga Day

"Yoga is the journey of the self, through the self, to the self."

- The Bhagavad Gita



Yoga is an invaluable gift of India's ancient tradition. It's a holistic approach to health and well being. Jr. Kg and Sr. Kg children celebrated International Yoga Day by practicing various yoga postures.

Chefs in making

The little chefs of Nursery and Sr. Kg prepared and relished corn chaat cones, while Jr. Kg savored corn bhel.

The more I see, the more I know...

Fantastic Mr. Fox



Children from Nursery to Sr. Kg watched a skit, performed by teachers based on Roald Dahl's story 'Fantastic Mr. Fox'.

Bones, bones, bones...



Children of Sr. Kg visited the school's Biology Lab and studied the Skeleton model for the topic 'Myself'. They learnt various names of bones in the human body.

Staff

We would like to take this opportunity to welcome Ms. Bosky Majithia, Ms. Bhoomi Mehta, Ms. Harpreet Jaggi on board while we bid farewell to Ms. Mani Soni, Ms. Ishita Mamaniya and Ms. Khushboo Khabaria. We wish them good luck for future endeavours.



Growth Factor

Teacher: "Our nose and ears keep growing but eyes remain the same..."

Izarra Vaz (Sr. Kg E): "Does it grow like Pinocchio's nose?"



Encouraging School readiness skills in preschoolers

- Amanda Munday
Being ready for school means more than being ready to learn about math, language and science.

Some school readiness skills that help children be prepared are

1. Language development - preschoolers must be able to clearly communicate their wants and needs. They should be able to understand and answer questions and feel comfortable speaking with teachers and other students. These basic



communication skills will form the foundation for future literacy skills.

2. Self - control - preschoolers should understand appropriate behaviours and limits before attending kindergarten. Do they understand when it is ok to be loud and when it is quiet time? Do they know when and where it is appropriate to play? Self - control is a critical school readiness skill that must be mastered to succeed in a classroom setting.
3. Self - confidence - a confident child is more open to new experiences and learning opportunities and is better equipped to interact with other children. Teaching a child to become confident in their abilities is key to helping them feel comfortable working independently as well as in-group scenarios.
4. Fine motor skills - these skills are essential to success in kindergarten. Many activities involve holding a pencil, using scissors or other actions that require the child to effectively manipulate an object or perform a task.
5. Social skills - a child should be able to engage in reciprocal interaction with others their own age, both verbally and non - verbally. They

should understand how to compromise with their peers and take turns in conversation and during playtime.

6. Self - care - before attending kindergarten, a preschoolers should be able to care for themselves when it comes to daily activities. Getting dressed, brushing teeth and opening a lunchbox are just a few examples of the self-care skills, a child should learn to be successful and develop a sense of independence.
7. Thinking skills - children should understand basic cognitive concepts such as object permanence, cause and effect, and be eager to learn more. Parents and preschool educators should foster curiosity and engage children to keep asking, "why?" to develop their cognitive skills.
8. Pre-writing skills - before they are able to write, preschoolers should possess some of the skills necessary to make their learning process easier. From holding a pencil properly to drawing basic shapes and lines, these skills are the basis for legible writing.

Both early childhood educators and parents should play a role in preparing preschoolers for kindergarten, helping them

develop important social, emotional and learning skills.

You can read the complete article on:

<https://www.himama.com/encouraging-school-readiness-skills-in-preschoolers>



Five simple things to follow during monsoon

- Increase vitamin C intake to boost immunity
- Avoid junk food
- Do not store stagnant water
- Add a disinfectant to the bath water
- Get your clothes ironed to avoid breeding of mold.

July Pitter Patters with....

| Date | Day | Level | Event |
|------------------|----------|-----------------|--|
| 6 th | Friday | All | Chocolate Day |
| 24 th | Tuesday | Jr. Kg & Sr. Kg | Beatrix Potter Day |
| 28 th | Saturday | All | Art Mania - Blossoms |
| | | | 1 st Parent - Teacher Meeting |