



### Hustle bustle on the floor...

The month of January embarked with field trips, sleepover and special days, which kept children in motion.

#### Night Out

Full of smiles and buzzing with excitement, Sr. Kg children had a night out with their friends and teachers.



*Fun at Pizza Express*

The evening started off with a visit to Pizza Express, where they watched the chef roll out the base, spread the sauce & cheese and bake the delicious pizza in the oven and later relished it. The fervor continued through dinner and while watching a moving during bedtime.



*Morning exercise*

Children left in the morning with bagful of memories.

#### Rhyme Recitation

Rhymes help children to understand and learn about different sounds and also develop early literacy skills. Jr. Kg and Sr. Kg children presented a rhyme in class doing actions and using various props.

### Picnic

Picnics are always memorable trips for kids.



*Role Play at KidZania*



*Fun at Little Monsters*

Children from Nursery to Sr. Kg had a fun filled time at KidZania, while the tiny tots of Playgroup had a wonderful day at Little Monsters.

#### Parent - Teacher Meeting

Parents had an opportunity to interact with the teachers during the meeting to gain a report on their child's progress in all areas.

#### Post a Letter



The little ones from Nursery coloured a picture for their parents. They enjoyed posting it at the nearest post box.

### On the move



Playgroup children enjoyed riding their tricycles on school ground with their friends.

#### Republic Day Celebration



Our young patriots came dressed in Tricolour attire and savored tricolour snacks as a part of Republic Day Celebration.

#### Puzzle Day



Whether it's a crossword, jigsaw, trivia, word searches, Puzzles put our minds to work and provide many skills, cognitive learning benefits and opportunities to toddlers & young





children. Our little geniuses of Playgroup to Sr. Kg solved age appropriate 2 - 10 pieces jigsaw puzzles with their friends and celebrated this day.

### Chefs in making

Children from Playgroup to Sr. Kg prepared and relished for crispy Chinese bhel, cornflakes bhel, Ladybug sandwiches and puri chaat respectively.

### The more I see the more I learn

#### Field visit - Lion's Community Garden

Jr. Kg children gathered information about different plants, flowers and the gardening tools while they visited the Lion's Community Garden.



Children were overjoyed playing on the slides and swings later.

#### Wankhede Stadium and Taraporewala Aquarium

Sr. Kg children had an extensive tour of Wankhede Stadium.



Right from the stands to the commentator's box & cricketer's lounge, they were thrilled to witness a

match played by India's Women Cricket team.



The next stop was a visit to Taraporewala Aquarium and they returned to school via the Bandra - Worli Sea Link.



### Regional Specifications

Looking at the picture of a penguin on the class bulletin board, Aarav Shah of Playgroup B said, "It lives in Antarctica."



### Ways to make your child feel loved

1. Dance with them.
2. Tell stories from your life
3. Teach them to do something - read, tie their shoes, shoot a bow and arrow
4. Use the words "no matter what" - I love you no matter what.
5. Maximize time at the dinner table with great dinner conversations

6. Let them get messy and wear mismatched clothes
7. Spend time in nature together - camping, hiking, biking, boating...
8. Put down your phone
9. Do a fun run together
10. Watch out for their natural talents

You can read the entire article on <https://ericalayne.co/42-ways-make-kids-feel-absolutely-loved/>

### Health Tip

#### 7 ways to boost your child's immunity

1. Serve more fruits and vegetables
2. Boost sleep time
3. Breast - feed your baby
4. Exercise as a family
5. Guard against germ spread - ensure kids wash hands regularly with soap
6. Banish secondhand smoke
7. Don't pressure your pediatrician for common cold or sore throat

### February frenzies with...

Date	Day	Level	Event
6 <sup>th</sup>	Tues	All	Doodle Day
13 <sup>th</sup>	Tues	All	Holiday - Mahashivratri
14 <sup>th</sup>	Wed	Playgroup	Valentine's Day with Grandparents
19 <sup>th</sup> to 23 <sup>rd</sup>	Mon to Fri	Sr. Kg	Story Narration